

Canyon Skills Self Assessment

Suggested Skills Associated with Skill Levels

- Beginner – little to no experience canyoning, canyoneering, rappelling or rock climbing,
- Novice - completed 1 to 10 canyons trips;
taken 1 or more formal canyon skills class(es) and;
mastered the skills like: ACA level 1, **or** ICOPro level 1, **or** ACE level 1
- Intermediate - completed 25 canyons trips; 5 of those canyons with flowing water;
taken 1 or 2 formal canyon skills class(es) including self rescue techniques and;
mastered the skills like: ACA level 2, **or** ICOPro level 2, **or** ACE level 2
- Advanced - completed 50 canyons trips; 15 of those canyons with flowing water;
lead 25 to those canyon trips;
taken 2 or 3 formal canyon skills class(es) including rescue techniques & swift water rescue;
possess a Wilderness First Aid (WFA) certificate;
mastered the skills like: ACA Level canyon Lead 1, **or** ICOPro level 3, **or** ACE level 3
- Expert - completed 100 canyons; 35 of those canyons with flowing water;
lead 75 of those canyon trips;
taken 3 or more formal canyon skills class(es) including advanced rescue techniques and swift water rescue;
possess a Wilderness First Responder (WFR) certificate; and;
mastered the skills like: ACA Level Lead 2, **or** ICOPro level?, **or** ACE level ?;